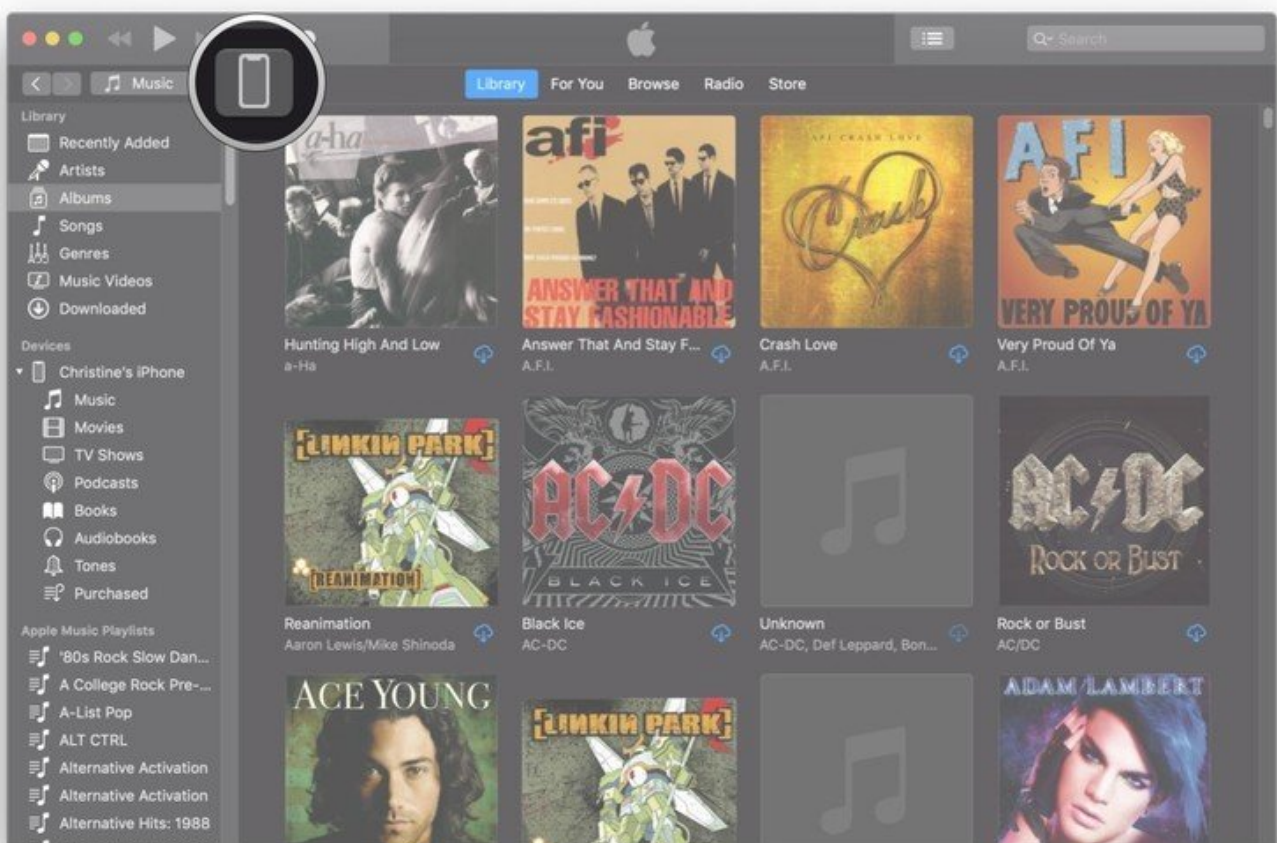


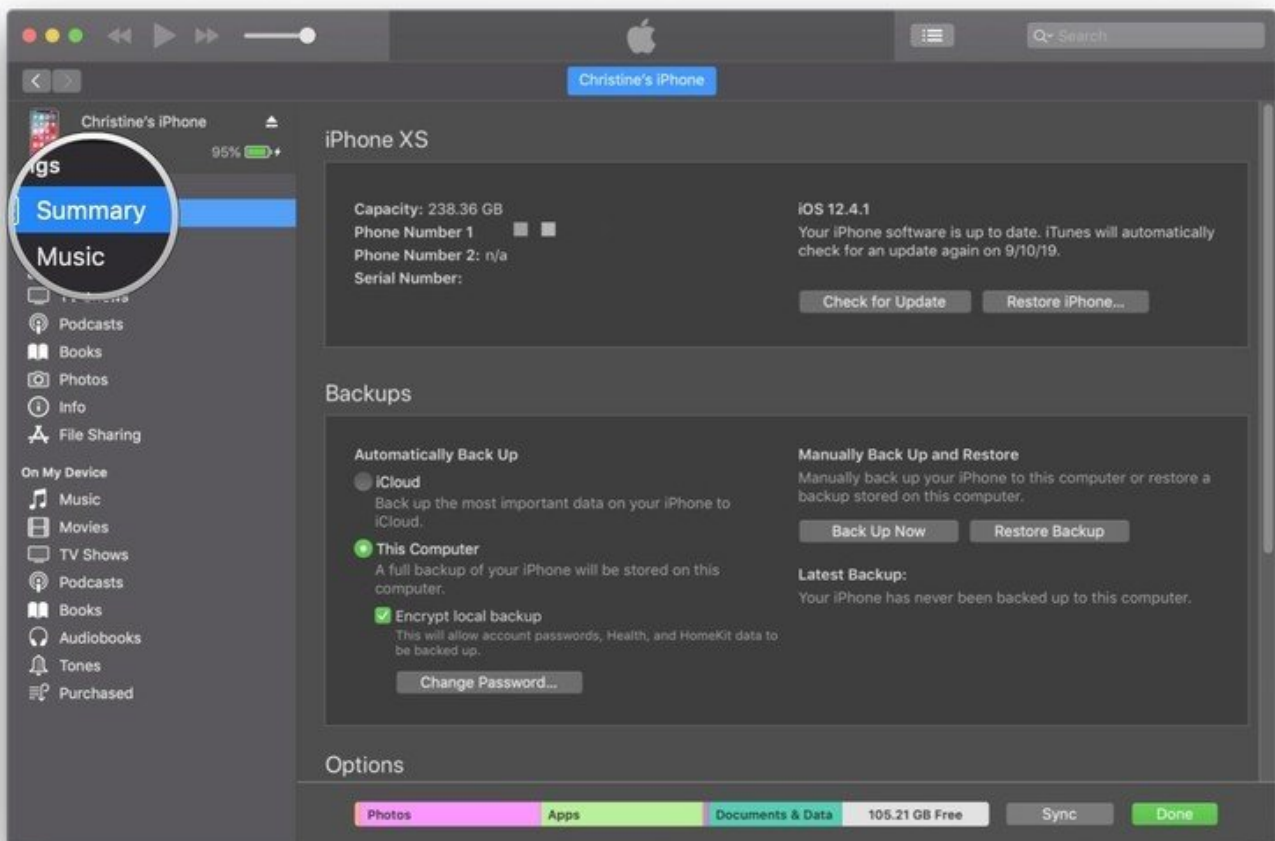
# How to back up your iPhone or iPad manually on macOS Mojave and earlier

Here's how to set up and use device backups on your Mac if you're running macOS Mojave and earlier.

1. Connect your **device** to your computer.
2. Open **iTunes**.
3. Click on the **Device icon** next to the category dropdown menu on the left side of the iTunes window.



4. Select **Summary** from the sidebar.



5. Select **This computer** under Automatically Back up.

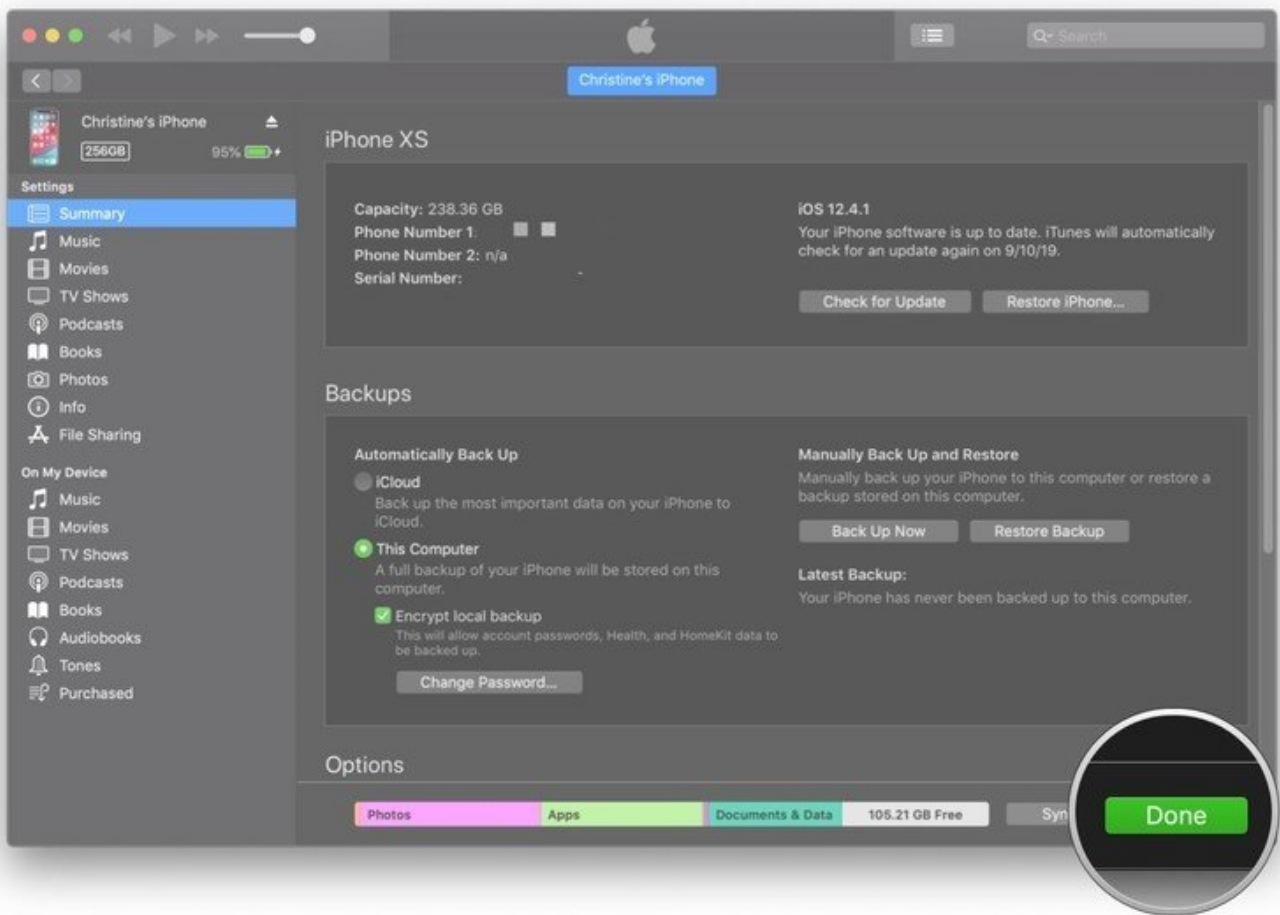
6. Tick the box for **Encrypt [device] backup** to ensure that your passwords, health, and Home Kit data is backed up. You'll have to create a password to protect your encrypted backups. The password will be automatically stored in Keychain.



7. Click on **Back Up Now** to start the backup.



8. Click **Done** when you are finished.



**Note :** If you are not Tech Savvy or not sure/aware of technical stuffs, suggest you to contact your Technical Professionals @ 13 Tech to handle the situation and provide a solution.

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